

Dr Mike Sidery BSc MB BChir MA PhD FFARCSI
Consultant in Pain Medicine

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Name: Dr Michael Bruce Sidery

Date of birth: 3rd November 1966

Nationality: British

Address: Pain Expert Limited

GMC status: Registered with a licence to practice.

GMC number: 4476805

Education:

Repton School	1982 - 1986
Nottingham University	1986 - 1993
Cambridge University Medical School	1993 - 1998

Qualifications:

BSc (Hons) (Nottingham)	1989
PhD (Nottingham)	1993
B BChir (Cambridge)	1998
FCARCSI	2004

NHS employment: Norfolk & Norwich University Hospital 2008 – present

Medicolegal practice: Spire Norwich Hospital, Norwich
Ten Harley Street Consulting Rooms, London

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Professional qualifications: I gained an undergraduate honours degree from the University of Nottingham in 1989. I wrote my thesis on ‘The Cardiovascular and Humoral Responses to Food Ingestion in Man’ and was awarded my PhD in 1993. I spent a year as a post-doctoral research fellow for the Wellcome Trust before starting my undergraduate medical training at Cambridge in 1993. I graduated as a Doctor of Medicine from Cambridge University in 1998.

I trained in Anaesthesia and Pain Management at the East of England Postgraduate School of Anaesthesia and training included a year as a Pain Management fellow. I completed specialist training in Anaesthesia and Pain Management in 2008 and gained my place on the Specialist Register for Anaesthesia on 31st January 2008.

NHS Consultant appointments: I was appointed Consultant in Anaesthetics and Pain Management at the Norfolk & Norwich University Hospital in February 2008. The Norwich Pain Management Centre is a full multidisciplinary unit combining the services of medical consultants, consultant clinical psychologists, specialist nurses, physiotherapists & occupational therapists.

Current NHS practice: My clinical practice is divided between Anaesthetics and Pain Management. I run three Pain Management outpatient clinics each week and weekly theatre lists of interventional procedures. I manage a wide range of painful conditions including, chronic back pain, sciatica, cervical pain, complex regional pain syndromes (CRPS), neuropathic pain, whiplash injuries, and headache. I am fully conversant with a range of injection-based procedures including neuroablative techniques such as radiofrequency (RF) denervation for chronic spinal pain and pulsed radiofrequency (PRF) in the management of some neuropathic pain conditions.

Special interests: My specialist interest is spinal cord stimulation (SCS) for the management of chronic neuropathic pain and CRPS. I am fully conversant with the use of traditional and high frequency stimulation in these conditions.

Educational & training roles: I am actively involved in the education of anaesthetics trainees and nursing staff, as well as medical and nursing students. I am an honorary lecturer for the University of East Anglia and have a commitment to the ‘Regional Anaesthesia MSc’. I lecture to pharmacy students on the pharmacology of anaesthetics.

I presented at the Anglian Pain Society Meeting 2015 on the subject of spinal cord stimulation. I also presented a paper on outcomes of spinal cord stimulation at the Norfolk and Norwich University Hospital at the Las Vegas meeting of the North American Neuromodulation Society in December 2015.

Committee roles: I sat on the Drugs and Therapeutics Committee of the Norfolk & Norwich University Hospital NHS Foundation Trust from 2008 to 2009. I am a trustee and have been a member of the board for Norfolk and Norwich Institute for Medical Education since 2010.

I was the Departmental Lead for Clinical Audit from 2008 to 2010 and Clinical Governance Lead for Anaesthetics & Pain Management from 2010 to 2013. I was on the Patient Safety Committee of the Norfolk & Norwich University Hospital NHS Foundation Trust between 2010 and 2013. I am currently Mortality Outcomes Lead for the Department of Anaesthetics.

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Membership of professional medical organisations: I am a member of the International Neuromodulation Society (INS) and British Pain Society (BPS).

Medicolegal expertise and practice:

I attended a Professional Solutions 'Medico Legal Report Writing' course in London in 2008. I completed an online Professional Solutions 'Medico Legal Report Writing' course in April 2013. I have also regularly attended the Cambridge Annual Medicolegal Conference.

I have been providing specialist pain management reports for the Courts following instruction by personal injury and medical negligence solicitors since November 2010. I am available to prepare medical reports on the instructions of both claimant and defendant parties, including those on a joint expert basis. I am also available to prepare medical negligence reports in the specialties of anaesthetics and pain management.

I attended the Bond Solon Courtroom Experience training day in August 2016.

Presentations to medicolegal audiences: I presented on subjects relevant to medicolegal aspects of pain management to lawyers at New Law, Cardiff in September 2015 and Direct Line, Birmingham in November 2015.

I have also attended and presented at the annual Pain Expert Limited Conference, October 2015 and 2016.

Courtroom experience and provision of oral evidence: I attended Plymouth County Court in September 2016 and provided oral evidence on that occasion.

Membership of expert witness organisations: I am a member of the Expert Witness Institute (EWI). I am listed on the UK Register of Expert Witnesses.

**Dr Mike Sidery
Updated March 2017**